



A Quarterly Newsletter of the
Salisbury Oaks Neighborhood Association [SONA]
P.O. Box 12042
Des Moines, Iowa 50312
www.sonadsm.com
Edited by Barb Schmidt
Neighbors joining to build a better community

Vol. XX

Winter 2024

Calendar of Events

- April 11** Quarterly meeting at the Salisbury House
- May 11** Annual Garage & Plant Sale (neighborhood wide)
- July 4** Neighborhood 4th of July Parade
- August 6** Annual Picnic/Meeting/ National Night Out at Greenwood Park
- Nov. 14** Quarterly meeting at the Salisbury House
- Board Meetings TBA (contact Angel.m.Erickson@gmail.com)**

Renew or become a member of **Salisbury Oaks Neighborhood Association**

Dues: \$10 per household per calendar year Join now for 2024
Mail this form with your check to: SONA, PO Box 12042, Des Moines, IA 50312

Name(s): _____

Address: _____

Telephone: _____ **E-mail** _____

Support the association that supports you!!!

Quarterly meeting elects new SONA Board

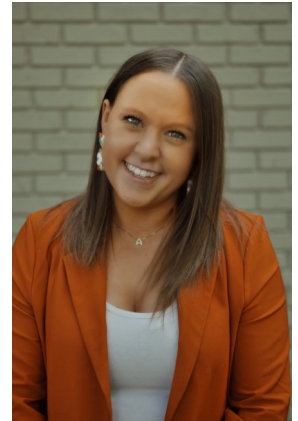
At the January 16 SONA membership meeting the 2024-25 Board of Directors were elected.

President...Angel Erickson	Angel.m.Erickson@gmail.com
Vice-president...Martha Crist	Mc2crist@gmail.com
Treasurer...Darlene Brickman (continuing till 2025)	darbrick@msn.com
Secretary...J. Mark Schmidt	jmarkschmidt42@gmail.com
At-Large Directors:	
Kyle Lovseth	Kyle.lovseth@gmail.com
Mark Slocum	m.slocum@outlook.com
Yolanda Cintron	ycblazek@gmail.com

Meet your new Board of Directors!

Angel Erickson, President

- Grew up in Des Moines and graduated from Roosevelt HS
- Lived in our neighborhood for 2 years
- Volunteer extraordinaire at SONA's 2023 garage sale
- Main Recruiter for a global technical company
- Husband: Chris Dogs: Lucy, Hank, and DD (all Boston Terriers)
- Wants to see in our neighborhood association...connections, more residents involved



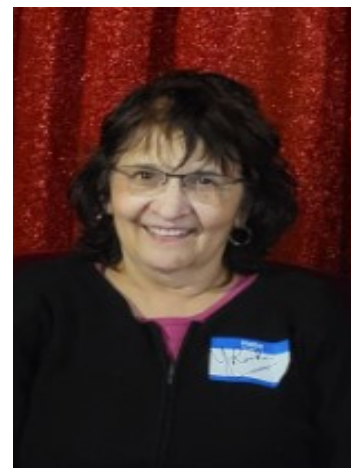
Martha Crist, Vice-president

- Grew up in Des Moines, southside
- Attended Iowa State and Drake Law School
- Career focused in insurance; currently work in compliance for Wellpoint Iowa
- 43rd Street resident since 1998
- Looking forward to continuing the strong traditions of SONA and helping to provide a sense of community for all our neighbors



Yolanda Cintron, At-Large

- Grew up in Chicago — Humboldt Park neighborhood
- Eugenio Maria de Hostos HS in Puerto Rico
- Loves photography, had 2 photos selected for Iowa State Fair
- Collects postcards, likes to visit Puerto Rico
- Cat: Chiquita, Dog: Tequita (Black Lab)
- Secretary of SONA from 2013-14
- Wants to see more neighbors join SONA



Kyle Lovseth, At Large Director

- Research Associate at the University of Texas, at Austin
- Born and raised in Kansas. Undergrad at University of Kansas.
Graduate studies at McGill University
- Wife (Katie) teaches Sociology at DMACC
- We have 2 daughters, 2 dogs, and 1 cat
- 3 years in neighborhood
- I would like to make the neighborhood safe for children to walk and ride bikes.
- I would like to make a community chest of resources for the best handymen, babysitters, contractors, etc. in the area



Mark Slocum, At Large Director

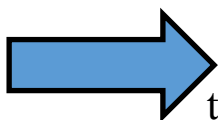
- University of Arizona alum and met wife, Elizabeth, there
- Moved to Rochester, MN for Elizabeth's grad school
- Lived in neighborhood 30 years, raising 3 kids
- "retired" from nonprofit director, started new career as director of camping & spiritual formation with IA United Methodist Conference
- 3 grandchildren...favorite pastime is being their PopPop



THANK YOU 2022-23 Board Members!!!

Six members of the 2022-23 Salisbury Oaks Neighborhood Association Board of Directors completed their term of office this month. A huge thank you for all the contributions of time and talent (and occasional bottle of wine). It takes "a village" to make a strong and active neighborhood association.

With much appreciation to...President Mark Pritchard, Vice-president Diane Leaming, Secretary Jessica Hyland, At-Large members: Kayla Kovarna, John Schmidt, Mark Schmidt



Please send your email address to darbrick@msn.com to be added to the SONA mass email list. Your email address will ensure that you receive information on meetings and events as well as neighborhood issues that may arise.

SONA's web site www.sonadsm.com

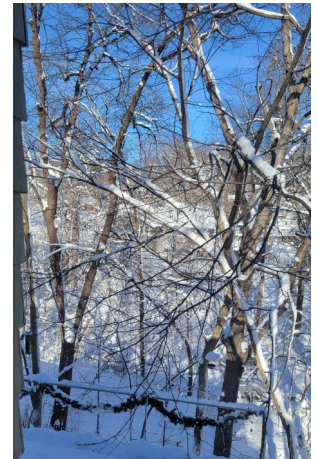
SALISBURY OAKS NEIGHBORHOOD ASSOCIATION

MINUTES OF THE ANNUAL MEETING

January 16, 2024

- I. Call to order – Mark Pritchard.
- II. Presentation by DM Police Officer Mike Moody.
 - A. He will be retiring towards the end of 2024.
 - B. Our neighborhood has one of the lowest crime rates in the city.
- III. Update on events at the Salisbury House by Mary Ann Schwindt
- IV. A motion was passed unanimously to donate \$500 to the Salisbury House Foundation in appreciation of SONA frequently meeting here.
- V. Treasurer’s Report – Darlene Brickman
 - A. Year-end budget was presented showing income of \$2325 (including \$1000 grant from the City) and expenses of \$1612.
 - B. Proposed budget for 2024 was presented and was unanimously approved with the modification that the Salisbury donation be increased from \$250 to \$500.
- VI. The calendar for the year was announced as follows:
 - A. Annual meeting (at Salisbury House) – January 16.
 - B. Quarterly meeting (at Salisbury House) – April 11.
 - C. Annual Neighborhood-wide Garage Sale – May 11.
 - D. Annual Picnic/Quarterly meeting/National Night Out at Greenwood Park) – August 6.
 - E. Quarterly meeting (at Salisbury House) – November 14.
- VII. Elections: The following people were nominated from the floor and unanimously elected to serve on the SONA Board for the 2024-25 term.

President – Angel Erickson.
Vice-president – Martha Crist.
Secretary – Mark Schmidt (moved from Director).
Treasurer – Darlene Brickman (remaining in office for 1 yr).
Director – Mark Slocum.
Director – Kyle Lovseth
Director – Yolanda Cintron



Submitted by Mark Schmidt - Secretary

UPCOMING EVENTS at the **Salisbury House & Gardens**

- **Murder Mystery Dinner** **March 29 & 30** Tickets on sale February 9
- **Tea at the Castle** **May 4**

Enjoy a proper English afternoon tea at **Tea at the Castle**. Savor traditional tea delicacies and treats while delighting in live piano entertainment on the Salisbury House custom Steinway D piano. Tickets on sale March 1.

- **The Garden Party** **June 9**

Dress in your favorite spring ensemble and join us for our spring fundraising event The Garden Party. Experience an elegant and relaxing afternoon in the Salisbury House spacious and beautiful gardens. Enjoy local entertainment, classic yard games, brunch, mimosa bar, house tours and more. Tickets on sale March 19.

Event tickets are non-refundable nor transferable to other events. **515-274-1777 (ticket information)**

Claudia's Lemon Cake (from 2023 SONA Picnic)

Submitted by Claudia Cackler

CAKE

2 c. all-purpose flour
1 tsp baking powder
½ tsp baking soda
½ tsp salt
1 ½ c. granulated sugar
½ c. (1 stick) unsalted butter softened
3 large eggs
1 c. buttermilk
2 T finely grated lemon rind
2 T fresh lemon juice

FROSTING

½ c. softened unsalted butter
4 c. powdered sugar
¼ c. fresh lemon juice (about)
2 T. grated lemon rind (about)
lemon rind strips or candied violets

INSTRUCTIONS

1. To prepare pan, coat 2 - 8" round cake pans with cooking spray sides and bottom. Line bottoms with parchment or wax paper cut to size. Coat over this with cooking spray. Dust pans with 1 to 2 T flour.
2. Grate lemon peel and juice lemons for later.
3. Preheat oven to 350 degrees
4. Combine the flour, baking powder, baking soda and salt, stirring with a whisk.
5. Place granulated sugar and softened butter in a large bowl. Beat with a mixer at medium speed until well blended – about 5 minutes.
6. Add eggs, one at a time. Beat well after each is added. Add the flour mixture and nonfat buttermilk alternately to sugar mixture.
7. Finally beat in the lemon rind and lemon juice by hand. (Why? The lemon rind sticks to the beaters and you lose half of it.)
8. Pour batter into prepared pans. Sharply tap on the counter to remove all bubbles. Bake at 350 degrees for 25 -30 minutes. Cake is done when toothpick comes out clean and it is separated from the sides.
9. Cool in pans for 15 minutes on a wire rack.
10. Remove onto wax paper by firmly tapping the cake upside down. Cool completely.
11. I take the cakes in the wax paper like a cradle and put them back in pans, placing in the freezer when they have cooled, each in a plastic bag. I do this so they are solid and easy to frost later. When you take them out, grab the wax paper on the sides, pull them out and put them on the plate.
12. To make a buttercream frosting, juice lemons to give yourself ¼ c. lemon juice, and another 2 T lemon rind.
13. Place ½ c. (1 stick) softened butter in a bowl. Add 4 c. powdered sugar and lemon juice and beat until smooth. If too stiff, add milk or cream. Stir in the lemon rind.
14. Frost the cake with a rubber spoon or spatula. You can put the frosting on top of each layer or you can frost it completely. Cut some lemon rind strips for the top.

PS It looks gorgeous with candied violets (something you can easily make dipping violet flowers and leaves in frothy egg white and fine crystalized sugar. Violets are in abundance in Salisbury Oaks – make sure they have not been treated with chemicals)